



Kirkoswald
C of E Primary School

Primary PE – Curriculum Plan

Striking and Fielding 2024 -25

Progression in Knowledge, Skills and Understanding: Strike and Field

Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
<ul style="list-style-type: none"> ✓ Underarm throw ✓ Overarm throw ✓ Catching ✓ Throw to a target ✓ Using a tennis racket to balance an object ✓ Hit a ball from a batting tee 	<ul style="list-style-type: none"> ✓ Underarm throw ✓ Overarm throw ✓ Catch from different heights ✓ Throw overarm to a target ✓ Use a cricket bat to hit a ball off a tee ✓ Use a tennis racket to hit a ball ✓ Long barrier fielding 	<ul style="list-style-type: none"> ✓ Underarm throw ✓ Overarm throw ✓ Catch from different heights ✓ Long barrier ✓ Striking the ball with 1) tennis racket 2) Rounders bat 3) Cricket bat 	<ul style="list-style-type: none"> ✓ Underarm throw ✓ Overarm throw ✓ Catch from different heights ✓ Long barrier ✓ Striking the ball with 1) tennis racket 2) Rounders bat 3) Cricket bat ✓ Basic fielding and attacking tactics 	<p>Cricket</p> <ul style="list-style-type: none"> ✓ Underarm throw ✓ Overarm throw ✓ Catch from different heights ✓ To strike the ball with the cricket bat ✓ Forward drive ✓ Forward defensive ✓ Bowl over arm ✓ Long barrier <p>Rounders</p> <ul style="list-style-type: none"> ✓ Underarm throw ✓ Overarm throw ✓ Catch from different heights ✓ To strike the ball with rounders bat ✓ Bowl underarm arm ✓ Long barrier 	<ul style="list-style-type: none"> ✓ Cricket ✓ Underarm throw ✓ Overarm throw ✓ Catch from different heights ✓ To strike the ball with the cricket ✓ Bowl over arm ✓ Long barrier ✓ Forward drive ✓ Forward defensive ✓ Pull shot <p>Rounders</p> <ul style="list-style-type: none"> ✓ Underarm throw ✓ Overarm throw ✓ Catch from different heights ✓ To strike the ball with rounders bat in different directions ✓ Bowl underarm arm at different speeds ✓ Long barrier

		Y1 Strike and Field						
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment strands	Task / Adaptations/Tweaks/Challenges
Week One			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>To develop the correct technique for throwing an object underarm</p> <p>To learn about the key components of successful catching</p>		<p>Throw</p> <p>Catch</p> <p>Hit</p> <p>Tennis racket</p> <p>Ball</p> <p>Fielder</p> <p>Batter</p>	<p>Throw a small ball accurately underarm, facing forward</p>	<p>Warm-up: Stuck in mud. Roll ball to release.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – rolling tennis ball to each other</p> <p>Task 2: In Pairs – hitting of stationary ball - with a cricket bat off a cone</p> <p>Task 3: In pairs – hitting of a rolling ball – partner rolls ball.</p> <p>Mini-Games: In threes – mini cricket game. Bowler, Batter, fielder. 3mins. Switch positions.</p> <p>Plenary: everyone show – rolling position, batting position. Q&A where look.</p> <p>Cool- down: Tag – All tag. Squat for 5secs.</p>
Week Two			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for</p>	<p>To develop some basic fielding skills to be able to stop a ball from moving</p> <p>To use our underarm throwing and fielding skills in a simple game</p>			<p>Intercept and retrieve a moving ball</p> <p>Throw a small ball accurately underarm, facing forward</p>	<p>Warm-up: Traffic lights</p> <p>Stretches: Head to Toe</p> <p>Task 1: Traffic lights – with ball balanced on tennis racket. Ball bounce down with tennis racket, ball bounce up on tennis racket.</p> <p>Task 2: In pairs –underarm throw and catch– (bouncy sponge ball) to each other</p> <p>Task 3: In Pairs – hitting of sponge ball from underarm throw - with a tennis racket.</p>

			attacking and defending					<p>Mini Games: In threes – mini rounders game. Bowler, Batter, fielder. 3mins. Switch positions.</p> <p>Plenary: everyone show – underarm throw position, batting position. Q&A where look.</p> <p>Cool- down: Tag – All tag. Squat for 5secs.</p>
Week Three			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>To develop the correct technique for throwing an object overarm</p> <p>To learn about how to improve the accuracy of overarm throwing when aiming for a target</p>			<p>Intercept and retrieve a moving ball</p> <p>Say who 'played well' in a game, giving reasons</p>	<p>Warm-up: Cups and Cones</p> <p>Stretches: Head to Toe</p> <p>Task 1: Goals – dribble with ball on end plastic hockey stick through goals. Use wither side – proper grip. How can score in 30secs?</p> <p>Task 2: In pairs – pass and stop. How can score in 30secs?</p> <p>Task 3: In pairs – tackle. I dribble with ball, towards partner, partner tackles. Stick on the floor. Swap over.</p> <p>Mini Games – numbers hockey.</p> <p>Plenary: everyone show – dribbling position. Q&A where look.</p> <p>Cool- down: Tag – All tag. Squat for 5secs.</p>
Week Four			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for</p>	<p>To learn how to control an object on a racket while standing still and moving</p> <p>To develop our skills to drop and collect a ball from a racket</p>			<p>Intercept and retrieve a moving ball</p> <p>Balance, drop & collect ball on racket and travel with it</p> <p>Say who 'played well' in a game, giving reasons</p>	<p>Warm-up: Hot Potato. Move in different ways, HP = throw and catch ball.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – Short overarm – bounce throw (sponge ball) to each other</p> <p>Task 2: In Pairs – hitting of short overarm, bounce throw- with a cricket bat</p>

			attacking and defending					<p>Mini-Games: In threes – mini cricket game. Bowler, Batter, fielder. 3mins. Switch positions.</p> <p>Plenary: everyone show – throwing position, batting position. Q&A where look.</p> <p>Cool- down: Balance tag. Tag for 5secs.</p>
Week Five			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>To learn the correct technique for hitting a ball off a batting tee</p> <p>To learn some simple rules and apply them to a game situation</p>			<p>Intercept and retrieve a moving ball</p> <p>Balance, drop & collect ball on racket and travel with it</p> <p>Say who 'played well' in a game, giving reasons</p>	
Week Six			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>To apply basic batting, throwing and catching skills to a game</p> <p>To gives reasons why different pupils played well, using correct vocabulary</p>			<p>Intercept and retrieve a moving ball</p> <p>Balance, drop & collect ball on racket and travel with it</p> <p>Throw a small ball accurately underarm, facing forward</p> <p>Say who 'played well' in a game, giving reasons</p>	

			Y2 Strike and Field					
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment Strands	Task / Adaptations/Tweaks/Challenges
Week One			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>To develop our ability to throw the ball underarm with accuracy</p> <p>To develop our ability to consistently react to and catch a ball in flight</p>		<p>Throw Catch Hit Cricket Bat Tennis racket Backstop Stumps</p>	<p>Pass a ball accurately (hands & feet) over longer distances</p> <p>Catch a small ball by moving to intercept flight</p> <p>Reflect on actions & say what worked well/not so well</p>	<p>Warm-up: Stuck in mud. Roll ball to release.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – rolling tennis ball to each other</p> <p>Task 2: In Pairs – hitting of stationary ball - with a cricket bat off a cone</p> <p>Task 3: In pairs – hitting of a rolling ball – partner rolls ball.</p> <p>Task 3: In threes – mini cricket game. Bowler, Batter, fielder. 3mins. Switch positions.</p> <p>Plenary: everyone show – rolling position, batting position. Q&A where look.</p> <p>Cool- down: Tag – All tag. Squat for 5secs.</p>
Week Two			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>To learn the correct technique for throwing overarm for distance and power</p> <p>To develop our accuracy skills to be able to throw a ball overarm to a target</p>			<p>Pass a ball accurately (hands & feet) over longer distances</p> <p>Catch a small ball by moving to intercept flight</p> <p>Reflect on actions & say what worked well/not so well</p>	<p>Warm-up: Traffic lights</p> <p>Stretches: Head to Toe</p> <p>Task 1: Traffic lights – with ball balanced on tennis racket. Ball bounce down with tennis racket, ball bounce up on tennis racket.</p> <p>Task 2: In pairs –underarm throw and catch– (bouncy sponge ball) to each other</p> <p>Task 3: In Pairs – hitting of sponge ball from underarm throw - with a tennis racket.</p> <p>Task 4: In threes – mini game. Bowler, Batter, fielder. 3mins. Switch positions.</p>

								<p>Plenary: everyone show – underarm throw position, batting position. Q&A where look.</p> <p>Cool- down: Tag – All tag. Squat for 5secs.</p>
Week Three			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>To learn how to hold a racket correctly and use it to hold a bean bag in a variety of ways</p> <p>To learn how to use a racket to hit a ball or bean bag with control</p>			<p>Pass a ball accurately (hands & feet) over longer distances</p> <p>Send ball off tee using bat or racket to where I want it to go</p> <p>Catch a small ball by moving to intercept flight</p> <p>React to situations to outwit an opponent or support a partner</p> <p>Reflect on actions & say what worked well/not so well</p>	<p>Warm-up: Cups and Cones</p> <p>Stretches: Head to Toe</p> <p>Task 1: Goals – dribble with ball on end plastic hockey stick through goals. Use wither side – proper grip. How can score in 30secs?</p> <p>Task 2: In pairs – pass and stop. How can score in 30secs?</p> <p>Task 3: In pairs – tackle. I dribble with ball, towards partner, partner tackles. Stick on the floor. Swap over.</p> <p>Mini Games – numbers hockey.</p> <p>Plenary: everyone show – dribbling position. Q&A where look.</p> <p>Cool- down: Tag – All tag. Squat for 5secs.</p>
Week Four			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p>	<p>To learn how to use a cricket bat to hit a ball of a batting tee</p> <p>To learn how to use a cricket bat to hit a ball where I want it to go</p>			<p>Send ball off tee using bat or racket to where I want it to go</p> <p>Catch a small ball by moving</p>	<p>Warm-up: Hot Potato. Move in different ways, HP = throw and catch ball.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – Short overarm – bounce throw (sponge ball) to each other</p> <p>Task 2: In Pairs – hitting of short overarm, bounce throw- with a cricket bat</p>

			Participate in team games, developing simple tactics for attacking and defending				<p>to intercept flight</p> <p>React to situations to outwit an opponent or support a partner</p> <p>Reflect on actions & say what worked well/not so well</p>	<p>Mini-Games: In threes – mini cricket game. Bowler, Batter, fielder. 3mins. Switch positions.</p> <p>Plenary: everyone show – throwing position, batting position. Q&A where look.</p> <p>Cool- down: Balance tag. Tag for 5secs.</p>
Week Five			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>To learn some basic fielding tactics to be used in a striking and fielding game</p> <p>To learn some basic rules of rounders/cricket and apply them to a game</p>			<p>Pass a ball accurately (hands & feet) over longer distances</p> <p>Send ball off tee using bat or racket to where I want it to go</p> <p>Catch a small ball by moving to intercept flight</p> <p>React to situations to outwit an opponent or support a partner</p> <p>Reflect on actions & say what worked</p>	

							well/not so well	
Week Six			<p>Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities</p> <p>Participate in team games, developing simple tactics for attacking and defending</p>	<p>To apply batting and fielding skills to a small sided competitive game</p> <p>To show an awareness of rules and be able to comment on our teams performance</p>			<p>Pass a ball accurately (hands & feet) over longer distances</p> <p>Send ball off tee using bat or racket to where I want it to go</p> <p>Catch a small ball by moving to intercept flight</p> <p>React to situations to outwit an opponent or support a partner</p> <p>Reflect on actions & say what worked well/not so well</p>	

			Y3 Strike and Field					
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment strands	Task / Adaptations/Tweaks/Challenges
Week One			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	<p>To develop our ability to throw and catch a ball underarm with accuracy</p> <p>To be able to throw the ball underarm to a target in situation</p>		<p>Throw</p> <p>Catch</p> <p>Strike</p> <p>Power</p> <p>Field</p> <p>Long barrier</p>	<p>Use batting & fielding techniques with control & consistency</p> <p>Consolidate passing/catching skills in various games</p>	<p>Warm-up: Stuck in mud. Underarm throw ball to release.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – under-arm throws to each other (tennis ball)</p> <p>Task 2: In Pairs – underarm throw (bowl) to partner – hits with ‘paddle’ bat</p> <p>Task 3: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if hit. Switch positions.</p> <p>Plenary: everyone show – underarm throw position, batting position. Q&A where look.</p> <p>Cool- down: Tag – All tag. Squat for 5secs.</p>
Week Two			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	<p>To know the correct technique for throwing the ball overarm</p> <p>To continue to develop and react to catching a ball in more challenging situations</p>			<p>Use batting & fielding techniques with control & consistency</p> <p>Consolidate passing/catching skills in various games</p>	<p>Warm-up: Stuck in mud. Underarm throw ball to release.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – overarm-arm throws to each other (tennis ball)</p> <p>Task 2: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if hit Switch positions.</p> <p>Plenary: everyone show – overarm throw position, batting position. Q&A where look.</p>

								Cool- down: Tag –All tag. Squat for 5secs.
Week Three			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To develop the correct technique for being able to strike the ball with a bat To develop our ability to hit the ball with power in order to help our team score points			Use batting & fielding techniques with control & consistency Consolidate passing/catching skills in various games	Warm-up: Hot potato. Move round cone/ball in different way. On HP throw and catch ball 3 times. Stretches: Head to Toe Task 1: In threes– Batting practice. Bowler, Batter, fielder. 5 balls. Swap over after hit all 5. Task 2: In fours – mini rounders game. One post Bowler, Batter, backstop, fielder. 3mins. Only run if hit. Switch positions. Plenary: everyone show – batting position. Q&A where look. Cool- down: Tag –All tag. Squat for 5secs..
Week Four			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To develop our knowledge of some basic fielding tactics such as a long barrier To develop our ability to react to the flight and distance of a ball in a challenging situation			Use batting & fielding techniques with control & consistency Consolidate passing/catching skills in various games Play a game successfully, - apply some tactics to outwit opponents	Warm-up: Hot potato. Move round cone/ball in different way. On HP throw and catch ball 3 times. Stretches: Head to Toe Task 1: In pairs – Long barrier practice. (Roll tennis ball.). Task 2: In 6s – mini rounders game. Two posts Bowler, 2 x Batter, backstop, 2 x fielder. Only run if hit. 3mins. Switch positions. Plenary: everyone show – long barrier position. Q&A where look. Cool- down: Tag –All tag. Squat for 5secs..
Week Five			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate	To apply fielding and batting skills to a competitive situation			Use batting & fielding techniques with control & consistency	

			and apply basic principles suitable for attacking and defending	To learn and be able to recall 3 important rules within a striking and fielding game			Consolidate passing/catching skills in various games Play a game successfully, - apply some tactics to outwit opponents	
Week Six			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To apply our understanding of rules to a competitive strike and field game To be able to discuss my teams performance with others and describe what went well and what we can improve on.			Use batting & fielding techniques with control & consistency Consolidate passing/catching skills in various games Play a game successfully, - apply some tactics to outwit opponents	

			Y4 Strike and Field					
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment Strands	Task / Adaptations/Tweaks/Challenges
Week One			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	<p>To develop our ability to throw and catch a ball underarm and overarm with accuracy</p> <p>To be able to throw the ball underarm to a target in situation</p>		<p>Throw</p> <p>Catch</p> <p>Strike</p> <p>Power</p> <p>Field</p> <p>Long barrier</p>	<p>Send a ball (1) by overarm bowl or throw & (2) by using a racket</p>	<p>Warm-up: Stuck in mud. Underarm throw ball to release.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – under-arm throws to each other (tennis ball)</p> <p>Task 2: In Pairs – underarm throw (bowl) to partner – hits with ‘paddle’ bat</p> <p>Task 3: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if hit. Switch positions.</p> <p>Plenary: everyone show – underarm throw position, batting position. Q&A where look.</p> <p>Cool- down: Tag – All tag. Squat for 5secs.</p>
Week Two			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	<p>To learn and be able to apply different fielding techniques</p> <p>To start to think about ways we can use our fielding skills to stop the other team scoring</p>			<p>Move to stop a ball or object reaching a target in a varying situations</p> <p>Send a ball (1) by overarm bowl or throw & (2) by using a racket</p> <p>Use skills/apply principles of attack/defence in</p>	<p>Warm-up: Stuck in mud. Underarm throw ball to release.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – overarm-arm throws to each other (tennis ball)</p> <p>Task 2: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if hit. Switch positions.</p> <p>Plenary: everyone show – overarm throw position, batting position. Q&A where look.</p> <p>Cool- down: Tag –All tag. Squat for 5secs.</p>

							striking/fielding game	
Week Three			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To learn and develop the correct technique for being able to strike the ball with a bat To develop our ability to hit the ball in different directions to make it difficult for the opposition to field			Send a ball (1) by overarm bowl or throw & (2) by using a racket Use skills/apply principles of attack/defence in striking/fielding game	Warm-up: Hot potato. Move round cone/ball in different way. On HP throw and catch ball 3 times. Stretches: Head to Toe Task 1: In threes– Batting practice. Bowler, Batter, fielder. 5 balls. Swap over after hit all 5. Task 2: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if ht. Switch positions. Plenary: everyone show – batting position. Q&A where look. Cool- down: Tag –All tag. Squat for 5secs..
Week Four			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To learn the correct technique to bowl the ball over or underarm To begin to develop our understanding of different fielding positions			Move to stop a ball or object reaching a target in a varying situations Send a ball (1) by overarm bowl or throw & (2) by using a racket Use skills/apply principles of attack/defence in striking/fielding game	Warm-up: Hot potato. Move round cone/ball in different way. On HP throw and catch ball 3 times. Stretches: Head to Toe Task 1: In pairs – Long barrier practice. (Roll tennis ball.). Task 2: In 6s – mini rounders game. Two posts Bowler, 2 x Batter, backstop, 2 x fielder. Only run if hit. 3mins. Switch positions. Plenary: everyone show – long barrier position. Q&A where look. Cool- down: Tag –All tag. Squat for 5secs..
Week Five			Use throwing and catching in isolation and in combination	To learn about different attacking tactics in striking and fielding games			Move to stop a ball or object reaching a target in a	

			Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To learn and be able to apply important rules within a striking and fielding game			<p>varying situations</p> <p>Send a ball (1) by overarm bowl or throw & (2) by using a racket</p> <p>Use skills/apply principles of attack/defence in striking/fielding game</p>	
Week Six			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	<p>To apply our understanding of rules to a competitive strike and field game</p> <p>To be able to discuss my team's performance with others and describe what went well and what we can improve on.</p>			<p>Move to stop a ball or object reaching a target in a varying situations</p> <p>Send a ball (1) by overarm bowl or throw & (2) by using a racket</p> <p>Use skills/apply principles of attack/defence in striking/fielding game</p>	

		Y5 Strike and Field						
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment Strands	Task / Adaptations/Tweaks/Challenges
Week One			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	Cricket To develop the correct technique for catching and throwing underarm To develop our fielding techniques to be able to react to the speed and direction of a ball Rounders To develop the correct technique for catching and throwing underarm To develop our fielding techniques to be able to react to the speed and direction of a ball		Throw Catch Strike Power Field Long barrier Attacking Defending Backstop Wicket keeper Bowler	Use a bat/racket/ or part of my body to hit ball into space Show use of refined skills appropriate to different games Play different positional roles in game, know what to do to improve Know how/where to send a ball/object according to game situation	Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – under-arm throws to each other (tennis ball) Task 2: In Pairs – underarm throw (bowl) to partner – hits with ‘paddle’ bat Task 3: In fours – mini rounders game. Bowler, Batter, backstop, fielder. 3mins. Run unless it’s a no-ball. Switch positions. Plenary: everyone show – underarm throw position, batting position. Q&A where look. Cool- down: Tag – All tag. Squat for 5secs.
Week Two			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for	Cricket To learn the correct technique for overarm throw to hit a target with accuracy. To learn how to use the long barrier technique to stop a rolling ball Rounders To learn the correct technique for overarm throwing and			Use a bat/racket/or part of my body to hit ball into space Show use of refined skills appropriate to different games Play different positional roles in	Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – overarm-arm throws to each other (tennis ball) Task 2 : In fours, – bowler, backstop, 1 st Base practice with a batter (doesn’t hit ball) -swap positions after 5 goes.

			<p>attacking and defending</p>	<p>catching and be able to perform this under pressure</p> <p>To learn how to use the long barrier technique to stop a rolling ball</p>			<p>game, know what to do to improve</p> <p>Know how/where to send a ball/object according to game situation</p>	<p>Task 3: In fives – mini rounders game. Bowler, Batter, backstop, first post, fielder. Run unless it's a no-ball. 3mins. Switch positions.</p> <p>Plenary: everyone show – overarm throw position, batting position. Q&A where look.</p> <p>Cool- down: Tag –All tag. Squat for 5secs.</p>
Week Three			<p>Use throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Cricket</p> <p>To learn the correct technique for striking a ball with a cricket bat</p> <p>To learn defensive hitting techniques for batting in cricket.</p> <p>Rounders</p> <p>To learn the correct technique for striking a ball with a rounders bat</p> <p>To start to develop our ability to vary the placement of the ball when using the rounders bat</p>			<p>Use a bat/racket/or part of my body to hit ball into space</p> <p>Show use of refined skills appropriate to different games</p> <p>Play different positional roles in game, know what to do to improve</p> <p>Know how/where to send a ball/object according to game situation</p>	<p>Warm-up: Hot potato. Move round cone/ball in different way. On HP throw & catch ball 3 times. 2claps before catch</p> <p>Stretches: Head to Toe</p> <p>Task 1: In threes– Batting practice. Bowler, Batter, fielder. 5 balls. Swap over after hit all 5.</p> <p>Task 3: In fives – mini rounders game. Bowler, Batter, backstop, first post, fielder. One post. Run unless it's a no-ball 3mins. Switch positions.</p> <p>Plenary: everyone show – batting position. Q&A where look.</p> <p>Cool- down: Tag –All tag. Squat for 5secs.</p>
Week Four			<p>Use throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Cricket</p> <p>To continue to develop our ability to strike the ball with a cricket bat in competitive situations</p> <p>To learn attacking hitting techniques for batting in cricket.</p> <p>Rounders</p> <p>To learn and develop the correct technique for</p>			<p>Use a bat/racket/or part of my body to hit ball into space</p> <p>Show use of refined skills appropriate to different games</p> <p>Play different positional roles in</p>	<p>Warm-up: Hot potato. Move round cone/ball in different way. On HP throw and catch ball 3 times.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – Long barrier practice. (Roll tennis ball.).</p> <p>Task 2: In 6s – mini rounders game. Two posts Bowler, 2 x Batter, backstop, 1 x fielder, 1 x post. Run unless it's a no-ball. Run outside of posts. Field inside of post. 3mins. Switch positions.</p>

				<p>underarm bowling within rounders</p> <p>To learn about the fielding relationship between bower, backstop and 1st base</p>			<p>game, know what to do to improve</p> <p>Know how/where to send a ball/object according to game situation</p>	<p>Plenary: everyone show – long barrier position. Q&A where look.</p> <p>Cool- down: Bino-Tag</p>
Week Five			<p>Use throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Cricket</p> <p>To learn the correct technique for bowling overarm in cricket from a standing position.</p> <p>To learn about the different fielding positions needed within cricket</p> <p>Rounders</p> <p>To develop our understanding of fielding tactics within rounders, looking at the roles and responsibilities of different fielding positions</p> <p>To know the correct scoring system and rules for a rounders game and apply these to game situations</p>			<p>Use a bat/racket/or part of my body to hit ball into space</p> <p>Show use of refined skills appropriate to different games</p> <p>Play different positional roles in game, know what to do to improve</p> <p>Know how/where to send a ball/object according to game situation</p>	
Week Six			<p>Use throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Cricket</p> <p>To know and apply the basic rules of Cricket during a game</p> <p>To use a range of fielding, batting and bowling skills in cricket match</p> <p>Rounders</p> <p>To know and apply the basic rules of rounders during a competitive game</p>			<p>Use a bat/racket/or part of my body to hit ball into space</p> <p>Show use of refined skills appropriate to different games</p> <p>Play different positional roles in</p>	

				To use a range of fielding, batting and bowling skills in a rounder match			game, know what to do to improve Know how/where to send a ball/object according to game situation	
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		Y6 Strike and Field						
	Prior Knowledge	Learning Question key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment Strands	Task / Adaptations/Tweaks/Challenges
Week One			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	Cricket To develop our ability to react quickly and catch balls thrown at different heights and angles To develop our fielding techniques and tactics and apply them to competitive situations Rounders To develop the correct technique for catching and throwing underarm from different heights To develop our fielding techniques to be able to react to the speed and direction of a ball		Throw Catch Strike Power Field Long barrier Attacking Defending Wicket keeper Bowler	Know & play different positional roles in relation to mini games Throw for distance efficiently, accurately & with good control Combine & perform/adapt skills to the situation in a game Some principles of striking/fielding/attacking/defending in games	Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – under-arm throws to each other (tennis ball) Task 2: In Pairs – underarm throw (bowl) to partner – hits with ‘paddle’ bat Task 3: In fours – mini rounders game. Bowler, Batter, backstop, fielder. 3mins. Switch positions. Plenary: everyone show – underarm throw position, batting position. Q&A where look. Cool- down: Tag – All tag. Squat for 5secs.
Week Two			Use throwing and catching in isolation and in combination Play competitive	Cricket To develop our ability to throw a ball accurately over a large distance To learn some basic rules of cricket and			Know & play different positional roles in relation to mini games Throw for distance efficiently,	Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – overarm-arm throws to each other (tennis ball)

			<p>games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>apply them correctly to a game situation</p> <p>Rounders To learn the correct technique for overarm throwing and catching and be able to perform this under pressure</p> <p>To learn how to use the long barrier technique to stop a rolling ball</p>			<p>accurately & with good control</p> <p>Combine & perform/adapt skills to the situation in a game</p> <p>Some principles of striking/fielding/attacking/defending in games</p>	<p>Task 2 : In fours, – bowler, backstop, 1st Base practice with a batter (doesn't hit ball) -swap positions after 5 goes.</p> <p>Task 3: In fives – mini rounders game. Bowler, Batter, backstop, first post, fielder. 3mins. Switch positions.</p> <p>Plenary: everyone show – overarm throw position, batting position. Q&A where look.</p> <p>Cool- down: Tag –All tag. Squat for 5secs.</p>
Week Three			<p>Use throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Cricket To learn the correct batting technique for defending the wicket in cricket</p> <p>To be able to defend the ball with confidence in a challenging situation</p> <p>Rounders To learn the correct technique for striking a ball with a rounders bat</p> <p>To start to develop our ability to vary the power and placement of the ball when using the rounders bat to increase scoring chances</p>			<p>Know & play different positional roles in relation to mini games</p> <p>Throw for distance efficiently, accurately & with good control</p> <p>Combine & perform/adapt skills to the situation in a game</p> <p>Some principles of striking/fielding/attacking/defending in games</p>	<p>Warm-up: Hot potato. Move round cone/ball in different way. On HP throw & catch ball 3 times. 3 claps before catch</p> <p>Stretches: Head to Toe</p> <p>Task 1: In threes– Batting practice. Bowler, Batter, fielder. 5 balls. Swap over after hit all 5. More able – aim for different areas.</p> <p>Task 3: In fives – mini rounders game. Bowler, Batter, backstop, first post, fielder. 3mins. Switch positions.</p> <p>Plenary: everyone show – batting position. Q&A where look.</p> <p>Cool- down: Tag –All tag. Squat for 5secs.</p>
Week Four			<p>Use throwing and catching in isolation and in combination</p>	<p>Cricket To learn attacking hitting techniques for batting in cricket and to start to vary our placement of the ball</p>			<p>Know & play different positional roles in relation to mini games</p> <p>Throw for distance efficiently,</p>	<p>Warm-up: Hot potato. Move round cone/ball in different way. On HP throw and catch ball 3 times.</p> <p>Stretches: Head to Toe</p> <p>Task 1: In pairs – Long barrier practice. (Roll tennis ball.).</p>

			<p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>To understand scoring and the importance of communication in pairs cricket</p> <p>Rounders To learn and develop some different bowling techniques for rounders</p> <p>To learn about the different fielding relationship between the posts and out fielders</p>			<p>accurately & with good control</p> <p>Combine & perform/adapt skills to the situation in a game</p> <p>Some principles of striking/fielding/attacking/defending in games</p>	<p>Task 2: In 6s – mini rounders game. Two posts Bowler, 2 x Batter, backstop, 1 x fielder, 1 x post. Run unless it's a no-ball. Run outside of posts. Field inside of post. 3mins. Switch positions.</p> <p>Plenary: everyone show – long barrier position. Q&A where look.</p> <p>Cool- down: Bino-Tag</p>
Week Five			<p>Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Cricket To learn the correct technique for bowling overarm in cricket an</p> <p>To understand the importance of the different fielding positions needed within cricket</p> <p>Rounders To develop our tactics and communication when fielding to limit scoring opportunities</p> <p>To know the correct scoring system and rules for a rounders game and apply these to game situations</p>			<p>Know & play different positional roles in relation to mini games</p> <p>Throw for distance efficiently, accurately & with good control</p> <p>Combine & perform/adapt skills to the situation in a game</p> <p>Some principles of striking/fielding/attacking/defending in games</p>	

Week Six			<p>Use throwing and catching in isolation and in combination</p> <p>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending</p>	<p>Cricket</p> <p>To know the rules of cricket and be able to act as an official and a scorer within a cricket game</p> <p>To use a range of fielding, batting and bowling skills in cricket match</p> <p>Rounders</p> <p>To know and apply the basic rules of rounders during a competitive game</p> <p>To use a range of fielding, batting and bowling skills in a rounder match</p>			<p>Know & play different positional roles in relation to mini games</p> <p>Throw for distance efficiently, accurately & with good control</p> <p>Combine & perform/adapt skills to the situation in a game</p> <p>Some principles of striking/fielding/attacking/defending in games</p>	
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