

<u>Primary PE – Curriculum Plan</u>

Striking and Fielding 2024 -25

Progression in Knowledge, Skills and Understanding: Strike and Field

Year 1		Year 2		Year 3		Year 4		Year 5		Year 6	
✓	Underarm	✓	Underarm throw	✓	Underarm	✓	Underarm throw	Cricket		✓	Cricket
	throw	\checkmark	Overarm throw		throw	✓	Overarm throw	\checkmark	Underarm throw	\checkmark	Underarm throw
\checkmark	Overarm	\checkmark	Catch from	\checkmark	Overarm	✓	Catch from different	✓	Overarm throw	\checkmark	Overarm throw
	throw		different heights		throw		heights	✓	Catch from different	\checkmark	Catch from different heights
\checkmark	Catching	\checkmark	Throw overarm to a	\checkmark	Catch from	✓	Long barrier		heights	\checkmark	To strike the ball with the
\checkmark	Throw to a		target		different	✓	Striking the ball with	✓	To strike the ball with the		cricket
	target	\checkmark	Use a cricket bat to		heights		1) tennis racket 2)		cricket bat	\checkmark	Bowl over arm
\checkmark	Using a tennis		hit a ball off a tee	\checkmark	Long barrier		Rounders bat 3)	✓	Forward drive	\checkmark	Long barrier
	racket to	\checkmark	Use a tennis racket	✓	Striking the		Cricket bat	✓	Forward defensive	\checkmark	Forward drive
	balance an		to hit a ball		ball with 1)	✓	Basic fielding and	✓	Bowl over arm	\checkmark	Forward defensive
	object	\checkmark	Long barrier		tennis		attacking tactics	\checkmark	Long barrier	\checkmark	Pull shot
\checkmark	Hit a ball from		fielding		racket 2)			Round	ers		
	a batting tee				Rounders			✓	Underarm throw	Rounde	ers
					bat 3)			\checkmark	Overarm throw	\checkmark	Underarm throw
					Cricket bat			✓	Catch from different	\checkmark	Overarm throw
									heights	\checkmark	Catch from different heights
								\checkmark	To strike the ball with	\checkmark	To strike the ball with
									rounders bat		rounders bat in different
								\checkmark	Bowl underarm arm		directions
								✓	Long barrier	\checkmark	Bowl underarm arm at
											different speeds
										\checkmark	Long barrier

					Y1 Strike	and Field		
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment strands	Task / Adaptations/Tweaks/Challenges
Week One			Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities Participate in team games, developing simple tactics for attacking and defending	To develop the correct technique for throwing an object underarm To learn about the key components of successful catching		Throw Catch Hit Tennis racket Ball Fielder Batter	Throw a small ball accurately underarm, facing forward	 Warm-up: Stuck in mud. Roll ball to release. Stretches: Head to Toe Task 1: In pairs – rolling tennis ball to each other Task 2: In Pairs – hitting of stationary ball - with a cricket bat off a cone Task 3: In pairs – hitting of a rolling ball – partner rolls ball. Mini-Games: In threes – mini cricket game. Bowler, Batter, fielder. 3mins. Switch positions. Plenary: everyone show – rolling position, batting position. Q&A where look. Cool- down: Tag – All tag. Squat for 5secs.
Week Two			Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities Participate in team games, developing simple tactics for	To develop some basic fielding skills to be able to stop a ball from moving To use our underarm throwing and fielding skills in a simple game			Intercept and retrieve a moving ball Throw a small ball accurately underarm, facing forward	Warm-up: Traffic lights Stretches: Head to Toe Task 1: Traffic lights – with ball balanced on tennis racket. Ball bounce down with tennis racket, ball bounce up on tennis racket. Task 2: In pairs –underarm throw and catch– (bouncy sponge ball) to each other Task 3: In Pairs – hitting of sponge ball from underarm throw - with a tennis racket.

	attacking and defending			Mini Games: In threes – mini rounders game. Bowler, Batter, fielder. 3mins. Switch positions. Plenary: everyone show – underarm throw position, batting position. Q&A where look.
Week	Master basic	To develop the	Intercept and	Cool- down: Tag – All tag. Squat for 5secs. Warm-up: Cups and Cones
Three	movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities	correct technique for throwing an object overarm To learn about how to improve the accuracy of overarm throwing when	retrieve a moving ball Say who 'played well' in a game, giving reasons	Stretches: Head to Toe Task 1: Goals – dribble with ball on end plastic hockey stick through goals. Use wither side – proper grip. How can score in 30secs?
	Participate in team games, developing simple tactics for attacking and defending	aiming for a target		 Task 2: In pairs – pass and stop. How can score in 30secs? Task 3: In pairs – tackle. I dribble with ball, towards partner, partner tackles. Stick on the floor. Swap over. Mini Games – numbers hockey. Plenary: everyone show – dribbling position. Q&A where look. Cool- down: Tag – All tag. Squat for 5secs.
Week Four	Master basic movements including running, jumping, throwing and catching, as well as developing	To learn how to control an object on a racket while standing still and moving	Intercept and retrieve a moving ball Balance, drop	Warm-up: Hot Potato. Move in different ways, HP = throw and catch ball. Stretches: Head to Toe
	balance, agility and co- ordination, and begin to apply these in a range of activities Participate in team games, developing simple tactics for	To develop our skills to drop and collect a ball from a racket	& collect ball on racket and travel with it Say who 'played well' in a game, giving reasons	Task 1: In pairs – Short overarm – bounce throw (sponge ball) to each other Task 2: In Pairs – hitting of short overarm, bounce throw- with a cricket bat

	attacking and defending			Mini-Games: In threes – mini cricket game. Bowler, Batter, fielder. 3mins. Switch positions. Plenary: everyone show – throwing position, batting position. Q&A where look.
Week Five	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities Participate in team games, developing simple tactics for attacking and defending	To learn the correct technique for hitting a ball off a batting tee To learn some simple rules and apply them to a game situation	Intercept and retrieve a moving ball Balance, drop & collect ball on racket and travel with it Say who 'played well' in a game, giving reasons	Cool- down: Balance tag. Tag for 5secs.
Week Six	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities Participate in team games, developing simple tactics for attacking and defending	To apply basic batting, throwing and catching skills to a game To gives reasons why different pupils played well, using correct vocabulary	Intercept and retrieve a moving ball Balance, drop & collect ball on racket and travel with it Throw a small ball accurately underarm, facing forward Say who 'played well' in a game, giving reasons	

						Y2 Strike and I	Field	
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment Strands	Task / Adaptations/Tweaks/Challenges
Week One			Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities Participate in team games, developing simple tactics for attacking and defending	To develop our ability to throw the ball underarm with accuracy To develop our ability to consistently react to and catch a ball in flight		Throw Catch Hit Cricket Bat Tennis racket Backstop Stumps	Pass a ball accurately (hands & feet) over longer distances Catch a small ball by moving to intercept flight Reflect on actions & say what worked well/not so well	 Warm-up: Stuck in mud. Roll ball to release. Stretches: Head to Toe Task 1: In pairs – rolling tennis ball to each other Task 2: In Pairs – hitting of stationary ball - with a cricket bat off a cone Task 3: In pairs – hitting of a rolling ball – partner rolls ball. Task 3: In threes – mini cricket game. Bowler, Batter, fielder. 3mins. Switch positions. Plenary: everyone show – rolling position, batting position. Q&A where look.
Week Two			Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities Participate in team games, developing simple tactics for attacking and defending	To learn the correct technique for throwing overarm for distance and power To develop our accuracy skills to be able to throw a ball overarm to a target			Pass a ball accurately (hands & feet) over longer distances Catch a small ball by moving to intercept flight Reflect on actions & say what worked well/not so well	Cool- down: Tag – All tag. Squat for 5secs. Warm-up: Traffic lights Stretches: Head to Toe Task 1: Traffic lights – with ball balanced on tennis racket. Ball bounce down with tennis racket, ball bounce up on tennis racket. Task 2: In pairs –underarm throw and catch– (bouncy sponge ball) to each other Task 3: In Pairs – hitting of sponge ball from underarm throw - with a tennis racket. Task 4: In threes – mini game. Bowler, Batter, fielder. 3mins. Switch positions.

				Plenary: everyone show – underarm throw
				position, batting position. Q&A where look.
				Cool down Too Allton Court for Force
NA 7 1		To be one have to		Cool- down: Tag – All tag. Squat for 5secs.
Week	Master basic		Pass a ball	Warm-up: Cups and Cones
Three	movements	0	accurately	
	running, jum	, ,	(hands & feet)	Stretches: Head to Toe
	throwing and		over longer	
	catching, as		distances	Task 1: Goals – dribble with ball on end plastic
	developing b			hockey stick through goals. Use wither side –
	agility and co	I TO learn now to lise	Send ball off	proper grip. How can score in 30secs?
	ordination, a	nd begin a racket to hit a ball	tee using bat	
	to apply thes	e in a	or racket to	Task 2: In pairs – pass and stop. How can score
	range of activ	vities control	where I want	in 30secs?
			it to go	
	Participate ir			Task 3: In pairs – tackle. I dribble with ball,
	games, deve		Catch a small	towards partner, partner tackles. Stick on the
	simple tactic		ball by moving	floor. Swap over.
	attacking and	1	to intercept	
	defending		flight	Mini Games – numbers hockey.
			React to	Plenary: everyone show – dribbling position.
			situations to	Q&A where look.
			outwit an	
			opponent or	Cool- down: Tag – All tag. Squat for 5secs.
			support a	
			partner	
			Reflect on	
			actions & say	
			what worked	
			well/not so	
			well	
Week	Master basic			Warm-up: Hot Potato. Move in different ways,
Four	movements	ncluding a cricket bat to hit a	Send ball off	HP = throw and catch ball.
	running, jum		tee using bat	
	throwing and		or racket to	Stretches: Head to Toe
	catching, as		where I want	
	developing b	alance, a cricket bat to hit a	it to go	Task 1: In pairs – Short overarm – bounce throw
	agility and co	ball where I want it		(sponge ball) to each other
	ordination, a	nd begin to go	Catch a small	
	to apply thes	e in a	ball by moving	Task 2: In Pairs – hitting of short overarm,
	range of activ	vities		bounce throw- with a cricket bat

	Participate in team games, developing simple tactics for attacking and defending		to intercept flight React to situations to outwit an opponent o support a partner Reflect on actions & sa what worke well/not so well	 Mini-Games: In threes – mini cricket game. Bowler, Batter, fielder. 3mins. Switch positions. Plenary: everyone show – throwing position, batting position. Q&A where look. Cool- down: Balance tag. Tag for 5secs.
Week Five	Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co- ordination, and begin to apply these in a range of activities Participate in team games, developing simple tactics for attacking and defending	To learn some basic fielding tactics to be used in a striking and fielding game To learn some basic rules of rounders/cricket and apply them to a game	Pass a ball accurately (hands & fe over longer distances Send ball of tee using ba or racket to where I war it to go Catch a sma ball by mov to intercept flight React to situations to outwit an opponent o support a partner Reflect on actions & sa what worke	f t t Π ng

We Six	ek	Master basic movements inclue running, jumping throwing and catching, as well a developing balance	a small sided competitive game s	well/not so well Pass a ball accurately (hands & feet) over longer distances	
		agility and co- ordination, and b to apply these in range of activities Participate in tear games, developin simple tactics for attacking and defending	comment on our teams performance	Send ball off tee using bat or racket to where I want it to go Catch a small ball by moving to intercept flight React to situations to outwit an opponent or support a partner Reflect on actions & say what worked well/not so well	

						Y3 Strike and Fie	eld	
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment strands	Task / Adaptations/Tweaks/Challenges
Week One			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To develop our ability to throw and catch a ball underarm with accuracy To be able to throw the ball underarm to a target in situation		Throw Catch Strike Power Field Long barrier	Use batting & fielding techniques with control & consistency Consolidate passing/ catching skills in various games	 Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – under-arm throws to each other (tennis ball) Task 2: In Pairs – underarm throw (bowl) to partner – hits with 'paddle' bat Task 3: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if hit. Switch positions. Plenary: everyone show – underarm throw position, batting position. Q&A where look. Cool- down: Tag – All tag. Squat for 5secs.
Week Two			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To know the correct technique for throwing the ball overarm To continue to develop and react to catching a ball in more challenging situations			Use batting & fielding techniques with control & consistency Consolidate passing/catchi ng skills in various games	 Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – overarm-arm throws to each other (tennis ball) Task 2: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if hit Switch positions. Plenary: everyone show – overarm throw position, batting position. Q&A where look.

					Cool- down: Tag –All tag. Squat for 5secs.
Week Three	c a F E	Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate	To develop the correct technique for being able to strike the ball with a bat	Use batting & fielding techniques with control & consistency	Warm-up: Hot potato. Move round cone/ball in different way. On HP throw and catch ball 3 times. Stretches: Head to Toe
	r f	and apply basic principles suitable for attacking and defending	To develop our ability to hit the ball with power in order to help our team score points	Consolidate passing/catchi ng skills in various games	Task 1: In threes– Batting practice. Bowler, Batter, fielder. 5 balls. Swap over after hit all 5. Task 2: In fours – mini rounders game. One post Bowler, Batter, backstop, fielder. 3mins. Only run if hit. Switch positions.
					Plenary: everyone show – batting position. Q&A where look.
Week		Use throwing and	To develop our	 Use batting &	Cool- down: Tag –All tag. Squat for 5secs Warm-up: Hot potato. Move round cone/ball in
Four		catching in isolation and in combination	knowledge of some basic fielding	fielding techniques	different way. On HP throw and catch ball 3 times.
	E	Play competitive games, modified where appropriate	tactics such as a long barrier	with control & consistency	Stretches: Head to Toe
	a K	and apply basic principles suitable for attacking and	To develop out ability to react to	Consolidate passing/catchi ng skills in	Task 1: In pairs – Long barrier practice. (Roll tennis ball.).
	C	defending	the flight and distance of a ball in	various games	Task 2: In 6s – mini rounders game. Two posts
			a challenging situation	Play a game successfully, -	Bowler, 2 x Batter, backstop, 2 x fielder. Only run if hit. 3mins. Switch positions.
				apply some tactics to outwit	Plenary: everyone show – long barrier position. Q&A where look.
				 opponents	Cool- down: Tag –All tag. Squat for 5secs
Week		Use throwing and	To apply fielding	Use batting &	
Five		catching in isolation and in combination	and batting skills to	fielding techniques	
		Play competitive	a competitive	with control &	
		games, modified	situation	consistency	
		where appropriate			

	and apply basic principles suitable for attacking and defending	To learn and be able to recall 3 important rules within a striking and fielding game	Consolidate passing/catchi ng skills in various games Play a game successfully, - apply some tactics to outwit opponents
Week Six	Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To apply our understanding of rules to a competitive strike and field game To be able to discuss my teams performance with others and describe what went well and what we can improve on.	Use batting & fielding techniques with control & consistency Consolidate passing/catchi ng skills in various games Play a game successfully, - apply some tactics to outwit opponents

						Y4 Strike and Fie	eld	
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment Strands	Task / Adaptations/Tweaks/Challenges
Week One			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To develop our ability to throw and catch a ball underarm and overarm with accuracy To be able to throw the ball underarm to a target in situation		Throw Catch Strike Power Field Long barrier	Send a ball (1) by overarm bowl or throw & (2) by using a racket	 Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – under-arm throws to each other (tennis ball) Task 2: In Pairs – underarm throw (bowl) to partner – hits with 'paddle' bat Task 3: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if hit. Switch positions. Plenary: everyone show – underarm throw position, batting position. Q&A where look. Cool- down: Tag – All tag. Squat for 5secs.
Week Two			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To learn and be able to apply different fielding techniques To start to think about ways we can use our fielding skills to stop the other team scoring			Move to stop a ball or object reaching a target in a varying situations Send a ball (1) by overarm bowl or throw & (2) by using a racket Use skills/apply principles of attack/defence in	 Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – overarm-arm throws to each other (tennis ball) Task 2: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if hit. Switch positions. Plenary: everyone show – overarm throw position, batting position. Q&A where look. Cool- down: Tag –All tag. Squat for 5secs.

Week Three	Use throwing and catching in isolation	To learn and develop the	striking/field game Send a ball (by overarm	
	and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	correct technique for being able to strike the ball with a bat To develop our ability to hit the ball in different directions to make it difficult for the opposition to field	bowl or throw & (2) by usin racket Use skills/app principles of attack/defen in striking/field game	 times. g a Stretches: Head to Toe Task 1: In threes– Batting practice. Bowler, Batter, fielder. 5 balls. Swap over after hit all 5. Task 2: In fours – mini rounders game. One post. Bowler, Batter, backstop, fielder. 3mins. Only run if ht. Switch positions. Plenary: everyone show – batting position. Q&A where look.
Week Four	Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To learn the correct technique to bowl the ball over or underarm To begin to develop our understanding of different fielding positions	Move to stop ball or object reaching a target in a varying situations Send a ball (by overarm bowl or throw & (2) by usin racket Use skills/app principles of attack/defen in striking/field game	 different way. On HP throw and catch ball 3 times. Stretches: Head to Toe Task 1: In pairs – Long barrier practice. (Roll tennis ball.). Task 2: In 6s – mini rounders game. Two posts Bowler, 2 x Batter, backstop, 2 x fielder. Only run if hit. 3mins. Switch positions. Plenary: everyone show – long barrier position. Q&A where look. Cool- down: Tag –All tag. Squat for 5secs
Week Five	Use throwing and catching in isolation and in combination	To learn about different attacking tactics in striking and fielding games	Move to stop ball or object reaching a target in a	

	where appropriate and apply basic principles suitable for attacking and defending	o learn and be ble to apply nportant rules vithin a striking nd fielding game	varying situations Send a ball (1) by overarm bowl or throw & (2) by using a racket Use skills/apply principles of attack/defence in striking/fielding game
Week Six	catching in isolation ur and in combination ru Play competitive cc games, modified ar where appropriate and apply basic principles suitable for attacking and defending ot www.	o apply our nderstanding of ules to a ompetitive strike nd field game o be able to iscuss my team's erformance with thers and escribe what vent well and vhat we can nprove on.	Move to stop a ball or object reaching a target in a varying situations Send a ball (1) by overarm bowl or throw & (2) by using a racket Use skills/apply principles of attack/defence in striking/fielding game

					Y5 Strike an	nd Field		
	Prior Knowledge	Learning Question / Key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment Strands	Task / Adaptations/Tweaks/Challenges
Week One			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	Cricket To develop the correct technique for catching and throwing underarm To develop our fielding techniques to be able to react to the speed and direction of a ball Rounders To develop the correct technique for catching and throwing underarm To develop our fielding techniques to be able to react to the speed and direction of a ball		Throw Catch Strike Power Field Long barrier Attacking Defending Backstop Wicket keeper Bowler	Use a bat/racket/ or part of my body to hit ball into space Show use of refined skills appropriate to different games Play different positional roles in game, know what to do to improve Know how/where to send a ball/object according to game situation	 Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – under-arm throws to each other (tennis ball) Task 2: In Pairs – underarm throw (bowl) to partner – hits with 'paddle' bat Task 3: In fours – mini rounders game. Bowler, Batter, backstop, fielder. 3mins. Run unless it's a no-ball. Switch positions. Plenary: everyone show – underarm throw position, batting position. Q&A where look. Cool- down: Tag – All tag. Squat for 5secs.
Week Two			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for	Cricket To learn the correct technique for overarm throw to hit a target with accuracy. To learn how to use the long barrier technique to stop a rolling ball Rounders To learn the correct technique for overarm throwing and			Use a bat/racket/or part of my body to hit ball into space Show use of refined skills appropriate to different games Play different positional roles in	 Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – overarm-arm throws to each other (tennis ball) Task 2 : In fours, – bowler, backstop, 1st Base practice with a batter (doesn't hit ball) -swap positions after 5 goes.

	attacking and defending	catching and be able to perform this under pressure To learn how to use the long barrier technique to stop a rolling ball	game, know what to do to improve Know how/where to send a ball/object according to game situation	Task 3: In fives – mini rounders game. Bowler, Batter, backstop, first post, fielder. Run unless it's a no-ball. 3mins. Switch positions. Plenary: everyone show – overarm throw position, batting position. Q&A where look.
Week Three	Use throwing and catching in isolation and in combination Play competitive	Cricket To learn the correct technique for striking a ball with a cricket bat	Use a bat/racket/or part of my body to hit ball into space	Cool- down: Tag –All tag. Squat for 5secs. Warm-up: Hot potato. Move round cone/ball in different way. On HP throw & catch ball 3 times. 2claps before catch Stretches: Head to Toe
	games, modified where appropriate and apply basic principles suitable for attacking and defending	To learn defensive hitting techniques for batting in cricket. Rounders To learn the correct technique for striking a ball with a rounders bat To start to develop our ability to vary the placement of the ball when using the rounders bat	Show use of refined skills appropriate to different games Play different positional roles in game, know what to do to improve Know how/where to send a ball/object according to	 Task 1: In threes– Batting practice. Bowler, Batter, fielder. 5 balls. Swap over after hit all 5. Task 3: In fives – mini rounders game. Bowler, Batter, backstop, first post, fielder. One post. Run unless it's a noball 3mins. Switch positions. Plenary: everyone show – batting position. Q&A where look. Cool- down: Tag –All tag. Squat for 5secs.
Week Four	Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic	CricketTo continue to develop our ability to strike the ball with a cricket bat in competitive situationsTo learn attacking hitting techniques for batting in cricket.	game situation Use a bat/racket/or part of my body to hit ball into space Show use of refined skills appropriate to	Warm-up: Hot potato. Move round cone/ball in different way. On HP throw and catch ball 3 times. Stretches: Head to Toe Task 1: In pairs – Long barrier practice. (Roll tennis ball.).
	principles suitable for attacking and defending	Rounders To learn and develop the correct technique for	different games Play different positional roles in	Task 2: In 6s – mini rounders game. Two posts Bowler, 2 x Batter, backstop, 1 x fielder, 1 x post. Run unless it's a no-ball. Run outside of posts. Field inside of post. 3mins. Switch positions.

	underarm bowling within rounders To learn about the fielding relationship between bower, backstop and 1st base	game, know what to do to improve Know how/where to send a ball/object according to game situation	Plenary: everyone show – long barrier position. Q&A where look. Cool- down: Bino-Tag
Week Five	Use throwing and catching in isolation and in combinationCricketTo learn the correct technique for bowling overarm in cricket from a standing position.Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defendingTo learn about the different fielding positions needed within cricketRounders To develop our understanding of fielding tactics within rounders, looking at the roles and responsibilities of different fielding positionsTo know the correct scoring system and rules for a rounders game and apply these to game situations	Use a bat/racket/or part of my body to hit ball into space Show use of refined skills appropriate to different games Play different positional roles in game, know what to do to improve Know how/where to send a ball/object according to game situation	
Week Six	Use throwing and catching in isolation and in combinationCricketPlay competitive games, modified where and apply basic principles suitable for attacking and defendingCricketUse throwing in isolation and in combinationTo know and apply the basic rules of Cricket during a game To use a range of fielding, batting and bowling skills in cricket matchPlay competitive games, modified where appropriate and apply basic principles suitable for attacking and defendingCricket To know and apply the basic rules of rounders during a competitive game	Use a bat/racket/or part of my body to hit ball into space Show use of refined skills appropriate to different games Play different positional roles in	

	To use a range of fielding, batting and bowling skills in a	game, know what to do to improve	
	rounder match		
		Know how/where	
		to send a	
		ball/object	
		according to	
		game situation	

						Y6 Strike and Fig	eld	
	Prior Knowledge	Learning Question key Questions	National Curriculum Reference	Substantive Knowledge	Disciplinary Concepts	Vocabulary	PAT Assessment Strands	Task / Adaptations/Tweaks/Challenges
Week One			Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	Cricket To develop our ability to react quickly and catch balls thrown at different heights and angles To develop our fielding techniques and tactics and apply them to competitive situations Rounders To develop the correct technique for catching and throwing underarm from different heights To develop our fielding techniques to be able to react to the speed and direction of a ball		Throw Catch Strike Power Field Long barrier Attacking Defending Wicket keeper Bowler	Know & play different positional roles in relation to mini games Throw for distance efficiently, accurately & with good control Combine & perform/adapt skills to the situation in a game Some principles of striking/fielding/att acking/defending in games	 Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – under-arm throws to each other (tennis ball) Task 2: In Pairs – underarm throw (bowl) to partner – hits with 'paddle' bat Task 3: In fours – mini rounders game. Bowler, Batter, backstop, fielder. 3mins. Switch positions. Plenary: everyone show – underarm throw position, batting position. Q&A where look. Cool- down: Tag – All tag. Squat for 5secs.
Week Two			Use throwing and catching in isolation and in combination Play competitive	Cricket To develop our ability to throw a ball accurately over a large distance To learn some basic rules of cricket and			Know & play different positional roles in relation to mini games Throw for distance efficiently,	Warm-up: Stuck in mud. Underarm throw ball to release. Stretches: Head to Toe Task 1: In pairs – overarm-arm throws to each other (tennis ball)

	games,	apply them correctly to	accurately & with	Task 2 : In fours, – bowler, backstop, 1 st Base
	modified	a game situation	good control	practice with a batter (doesn't hit ball) -swap
	where	a game situation	good control	positions after 5 goes.
	appropriate	Rounders	Combine &	positions arter 5 goes.
	and apply	To learn the correct	perform/adapt	Task 3: In fives – mini rounders game. Bowler,
	basic	technique for overarm	skills to the	Batter, backstop, first post, fielder. 3mins. Switch
		-		positions.
	principles suitable for	throwing and catching and be able to perform	situation in a game	positions.
		this under pressure	Some principles of	Dianary avanuana shaw avararm throw position
	attacking and	this under pressure	striking/fielding/att	Plenary: everyone show – overarm throw position,
		To learn how to use the	acking/defending in	batting position. Q&A where look.
	defending		0, 0	Cool- down: Tag –All tag. Squat for 5secs.
		long barrier technique	games	COOF down: Tag -All tag. Squat for Ssecs.
14/2 21:	 	to stop a rolling ball	Karawa Qualawa	
Week	Use	Cricket	Know & play	Warm-up: Hot potato. Move round cone/ball in
Three	throwing	To learn the correct	different positional	different way. On HP throw & catch ball 3 times.
	and catching	batting technique for	roles in relation to	3 claps before catch
	in isolation	defending the wicket in	mini games	
	and in	cricket		Stretches: Head to Toe
	combination		Throw for distance	
	Play	To be able to defend	efficiently,	Task 1: In threes– Batting practice. Bowler, Batter,
	competitive	the ball with	accurately & with	fielder. 5 balls. Swap over after hit all 5. More
	games,	confidence in a	good control	able – aim for different areas.
	modified	challenging situation		
	where		Combine &	Task 3: In fives – mini rounders game. Bowler,
	appropriate	Rounders	perform/adapt	Batter, backstop, first post, fielder. 3mins. Switch
	and apply	To learn the correct	skills to the	positions.
	basic	technique for striking a	situation in a game	
	principles	ball with a rounders		Plenary: everyone show – batting position. Q&A
	suitable for	bat	Some principles of	where look.
	attacking		striking/fielding/att	
	and	To start to develop our	acking/defending in	Cool- down: Tag –All tag. Squat for 5secs.
	defending	ability to vary the	games	
		power and placement		
		of the ball when using		
		the rounders bat to		
		increase scoring		
		chances		
Week	Use	Cricket	Know & play	Warm-up: Hot potato. Move round cone/ball in
Four	throwing	To learn attacking	different positional	different way. On HP throw and catch ball 3 times.
	and catching	hitting techniques for	roles in relation to	
	in isolation	batting in cricket and	mini games	Stretches: Head to Toe
	and in	to start to vary our		
	combination	placement of the ball	Throw for distance	Task 1: In pairs – Long barrier practice. (Roll tennis
			efficiently,	ball.).

	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	To understand scoring and the importance of communication in pairs cricket Rounders To learn and develop some different bowling techniques for rounders To learn about the different fielding relationship between the posts and out fielders	accurately & with good control Combine & perform/adapt skills to the situation in a game Some principles of striking/fielding/att acking/defending in games	Task 2: In 6s – mini rounders game. Two posts Bowler, 2 x Batter, backstop, 1 x fielder, 1 x post. Run unless it's a no-ball. Run outside of posts. Field inside of post. 3mins. Switch positions. Plenary: everyone show – long barrier position. Q&A where look. Cool- down: Bino-Tag
Week Five	Use throwing and catching in isolation and in combination Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	Cricket To learn the correct technique for bowling overarm in cricket an To understand the importance of the different fielding positions needed within cricket Rounders To develop our tactics and communication when fielding to limit scoring opportunities To know the correct scoring system and rules for a rounders game and apply these to game situations	Know & play different positional roles in relation to mini games Throw for distance efficiently, accurately & with good control Combine & perform/adapt skills to the situation in a game Some principles of striking/fielding/att acking/defending in games	

Week	Use	Cricket	Know & play	
Six	throwing	To know the rules of	different positional	
	and catching	cricket and be able to	roles in relation to	
	in isolation	act as an official and a	mini games	
	and in	scorer within a cricket		
	combination	game	Throw for distance	
	Play		efficiently,	
	competitive	To use a range of	accurately & with	
	games,	fielding, batting and	good control	
	modified	bowling skills in cricket		
	where	match	Combine &	
	appropriate		perform/adapt	
	and apply	Rounders	skills to the	
	basic	To know and apply the	situation in a game	
	principles	basic rules of rounders		
	suitable for	during a competitive	Some principles of	
	attacking	game	striking/fielding/att	
	and		acking/defending in	
	defending	To use a range of	games	
		fielding, batting and		
		bowling skills in a		
		rounder match		