



PSHE Curriculum Content (Year group objectives taught on a two year cycle in line with class structure)

Year	Coverage
EYFS	Making Relationships Self Confidence/Awareness Managing Feelings/Behaviour
1	Rules/Expectations Internet Safety Friendship Taking Turns Good Manners Happiness/Anger/Feelings Responses/Opinions Washing Hands Healthy Eating Physical Activity Comparisons Behaviour/kindness/unkindness/bullying Personal Safety Family Caring Lending Sharing Sun Safety Road Safety Money
2	Friendship Fair/Unfair Our School/Belonging Staying Safe Right and Wrong Consequences Aspirations Cooperation Keeping Clean Skin Dental Hygiene Drug Safety – Magic Medicine Similarities and Differences – Boys and Girls The Human Body – Body Bits' Growing Up Changing Needs Physical Activity Exercise Behaviour Teasing Local Citizenship Responsibility Emotions Love Sadness Money Choices Enterprise



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3	<p>E-Safety Online Privacy Rules Thinking Ahead Taking the Lead Friendship Loss/Separation Physical/Emotional/Mental Sleep – Sweet Dreams You’ve Grown/Visible Changes How to Help Emergency Calls Lifestyle Choices Working Together Shared Goals</p>
4	<p>Online Privacy Internet Use Gender Stereotypes Reactions Self-Worth Persistence/Resilience Feelings Balanced Diet Working With Food Responding to Others Expressing Opinions Loss/Separation Family Changes Identifying Strengths Self Respect Setting Goals Connections Family Links Celebrating Diversity Money Choices/Managing Money</p>
5	<p>Online Relationships Drugs/Alcohol/Tobacco/Substances Death/Grief Managing Conflict Community Physical/Emotional/Mental Wellbeing Confidentiality Listening/Responding Food Choices Cooking Physical Contact Shared Goals Basic First Aid Talking about puberty Male and female changes Puberty and Hygiene</p>



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6	<p>Strengths and Goal Setting Internet Safety Race and Ethnicity Gender Stereotypes Culture Physical Illness Immunisation Marriage Mental Wellbeing Support and Care Budgeting Consumer Sense Generating Income Puberty</p>
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